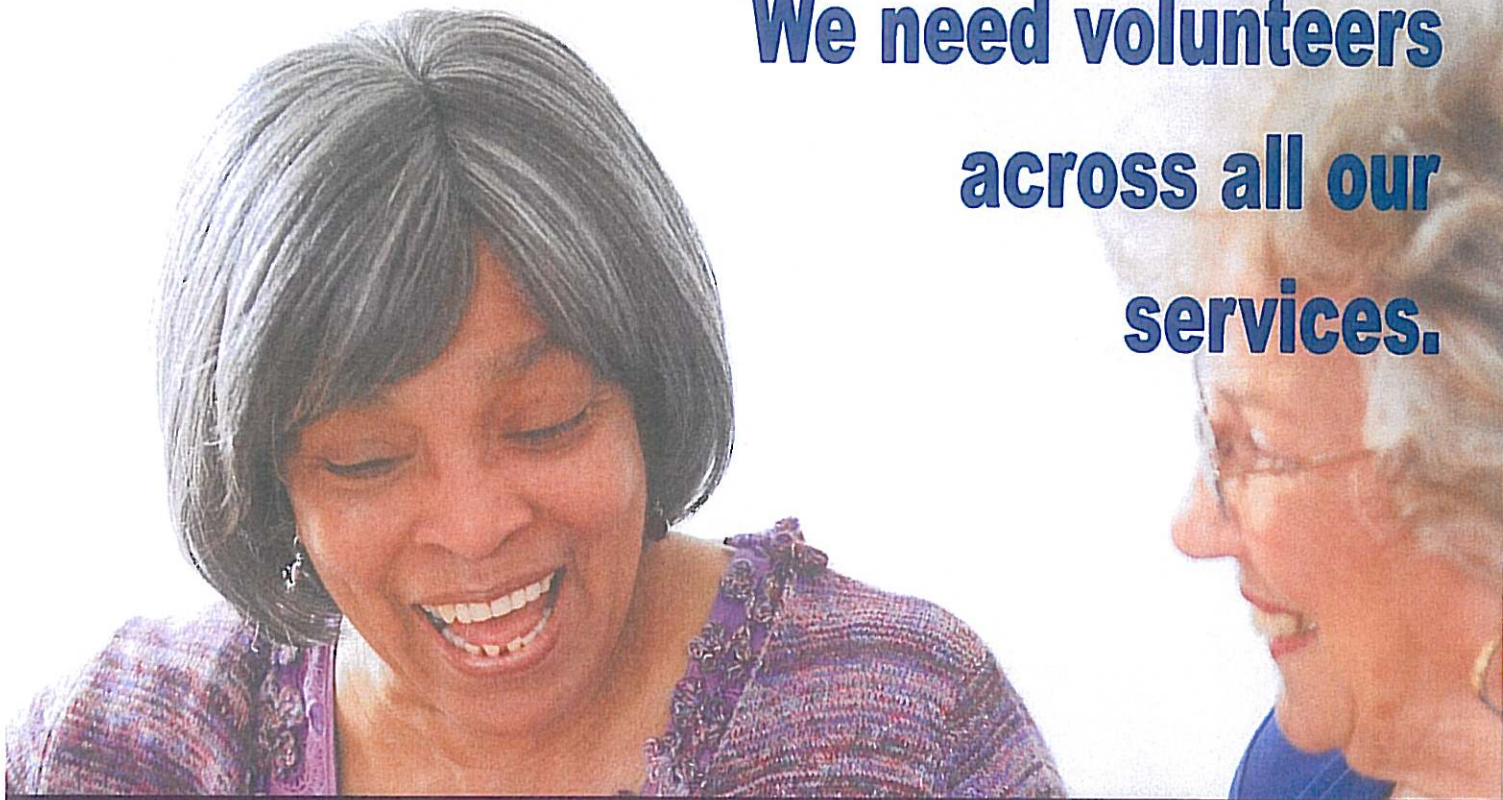


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Can you spare a few hours a week?

We need volunteers
across all our
services.



Suffolk
AGE
Concern

Volunteers needed for: Befriending, Telephone
Befriending, Help Desks, Fundraising,
Welcome Home from Hospital Support,
Day Care Centres & our Shops

For further information call

01473 298684

Or email: volunteer@ageconcernsuffolk.org.uk